

Spring Fling 2008 Entry Form  
April 26, 2008, 9:00 a.m.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Distance (miles):

13, 26, 40, 62+

Registration fee (see below) \$ \_\_\_\_\_

Join GPBC, optional(see below)\$ \_\_\_\_\_

Spring Fling T-Shirt (\$10 ea.) \$ \_\_\_\_\_

(Available at event for registrations postmarked by 4/1;  
if after 4/1 shirts can be picked up a few weeks after event)

(S) (M) (L) (XL) (XXL)

Total \$ \_\_\_\_\_

**Registration fee— postmarked by April 1**

\$20 for individuals; \$40 for family (parents plus minor children).

**Registration fee— postmarked after April 1**

\$25 for individuals; \$50 for family.  
Registrations day of ride at this fee.

Consider joining the GPBC; \$10 for an individual; \$15 for a family membership.

Mail this form, signed Liability Waiver and check payable to Great Plains Bicycling Club to:

P.O. Box 5621  
Lincoln, NE 68505-0621

Great Plains Bicycling Club  
P.O. Box 5621  
Lincoln, NE 68505-0621  
[www.greatplainsbikeclub.org](http://www.greatplainsbikeclub.org)

ADDRESS SERVICE REQUESTED



**Metric Century Ride**  
(13 to 62½ miles)

**SATURDAY**  
**APRIL 26, 2008**  
**9:00 A.M.**

SAG SUPPORT PROVIDED



## Spring Fling Metric Century Ride

Warm days and robins singing must mean it's time again for the Great Plains Bicycling Club Spring Fling Metric Century Ride.

Join us for a scenic ride in the historic Platte River Valley of eastern Nebraska. The scenic adventure begins in Louisville, situated on the Platte River. All routes are on paved roads, except an optional ¼ mile of limestone leading to and from the beautiful Lied River (rails to trails) Bridge crossing the Platte River. Various routes travel to Plattsmouth, at the confluence of the Platte and Missouri rivers, staging point for the Lewis and Clark expedition. This ride is sure to please!



The ride starts at Louisville Public Schools, 202 West 3<sup>rd</sup> Street (3<sup>rd</sup> & Cherry Street).

We have many ride distances from 13 to 62½ miles (a “metric century”). This is not a race (unless that's how you're wired) so feel free to ride any of the distances at any pace that you find comfortable. All ages are welcome however riders under 18 years old must ride with a parent or guardian.

Several SAG support stations will be provided and roving SAG vehicles will patrol to provide assistance and pick up cyclists in need of a ride back to the starting point.



**For your safety,  
helmets are required**

### **Registration:**

8:30 - 9:00 a.m.

Louisville Public Schools  
202 West 3<sup>rd</sup> Street  
Louisville, NE 68037

**From Lincoln:** I-80 east to exit 426 (hwy 66—Mahoney State Park), 8 miles east on hwy 66 then 2 miles north on hwy 50

**From Omaha:** I-80 west to exit 440 (hwy 50), 11 miles south on hwy 50

**The ride begins at 9:00 a.m.**

**Registrations will be accepted  
the day of the ride at late  
registration prices.**

**No rain dates, no refunds.**

**[www.greatplainsbikeclub.org](http://www.greatplainsbikeclub.org)**

**For information please contact:**

**Steve Clements, Treasurer  
(402) 730-3908 (cell)  
[steve.clements@nifa.org](mailto:steve.clements@nifa.org)**

## Liability Waiver

In consideration of the GPBC providing bicycling opportunities and allowing me/us to participate in its events, I/we agree to assume the risks thereof. Further, I/we release the GPBC and its officers, directors, members and agents from any and all claims for death, personal injury, or property damage which may accrue to me/us (or a minor in my care) as a result of participation in any GPBC activity or event, even though the claim may arise out of negligence or carelessness on the part of the person or entities released.

Signed: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian (for minor)

The liability waiver must be signed by each participant before participation.

Great Plains Bicycling Club  
P.O. Box 5621  
Lincoln, NE 68505-0621  
[www.greatplainsbikeclub.org](http://www.greatplainsbikeclub.org)